

R5 LE TOUQUET [LE TOUQUET]

**C1 - PRIX DE LA VILLE DU TOUQUET - PARIS-PLAGE - 1300m (a6f1/2) - TURF - Handicap - Flat - EUR
€ 16,300**

- 1. AMELIA** - Not seen to best effect in 11th over 1400m at Clairefontaine behind reopposing sorts in a divided limited handicap on the 6th of July 2026. Better than last and can earn
- 2. STAR FIXX** - Finished downfield in 11th spot over 1200m at Deauville in a divided handicap on the 12th of July 2026. Needs to make improvement
- 3. PERSIAN HEROE** - Average run in 7th over 1350m at Senonnes-Pouance in a handicap on the 2nd of July 2026. One to pass by here
- 4. PARISA** - Moderate run in 8th over 1600m at Compiegne in a divided handicap on the 16th of July 2026. Open to improvement
- 5. AMA DABLAM** - Fair run in 5th over 1100m at Dieppe in a limited handicap on the 23rd of June 2026. Can earn on latest effort
- 6. MODELLING** - Finished 11th over 1400m at Compiegne in a maiden on the 20th of June 2026. Goes handicapper which can unlock improvement
- 7. ZIFULOTT** - Dismal run in 11th over 1800m at Le Croise-Laroche in a handicap on the 20th of March 2026. Hard to recommend
- 8. LANDSCAPE** - No show in 10th over 1100m at Dieppe in a limited handicap on the 23rd of June 2026. Will be a shock winner
- 9. AKSAKOVA** - Finished 3rd over 1400m at Clairefontaine in a divided limited handicap on the 6th of July 2026. Bright winning chance
- 10. BIRDY SUN** - Finished last of five over 1300m at Vittel in a Class 3 conditional event on the 6th of July 2026. Easy to pass by
- 11. CARMEN COLLECTED** - Well held in 9th over 1350m at Cholet in a maiden on the 30th of June 2026. Will battle to feature here
- 12. I LIKED IT** - Winner over 1400m at Clairefontaine in a divided limited handicap on the 6th of July 2026. Should go very close
- 13. NIOUININON** - Failed to feature in 8th over 1400m at Clairefontaine in a divided limited handicap on the 6th of July 2026. Can surprise at odds
- 14. BIHOTZ BASC** - Finished downfield in 7th over 1400m at Chantilly in a divided handicap on the 19th of February 2026. Faces a uphill task

Summary: AKSAKOVA (9) has posted two pleasing efforts at her last two outings and could certainly go a couple spots better against this company. I LIKED IT (12) showed a good return to winning ways last time out and with a decent weight, he could double up his tally. MODELLING (6) is a first time handicapper which leaves her open to huge improvement and she could feature. AMA DABLAM (5) produced a much better finish last time out and with a repeat performance, she can earn.

SELECTIONS

AKSAKOVA (9) - I LIKED IT (12) - MODELLING (6) - AMA DABLAM (5)

C2 - PRIX DU CASINO BARRIERE LE TOUQUET - 1300m (a6f1/2) - TURF - Class 4 Divided Handicap - Flat - EUR € 15,400

- 1. PACHARAN** - Solid run in 2nd spot over 1000m in Belgium on the 20th of July 2026. Needs to make significant improvement to earn
- 2. KING THISTLE** - Threatening to win and was runner-up in a Claimer at Longchamp over 1600m on 28 May 2026. Should be bang there at the finish
- 3. QUIET WIFE** - Finished 7th in a Class 3 at Longchamp over 1400m on 9 July 2026. In and out sort but capable of challenging
- 4. WESTI CHOPE** - Finished 13th in a Class 3 Handicap at Clairefontaine over 1600m on 11 July 2026. Faces an uphill task
- 5. WILD MOOR** - In good form and finished 3rd in a Class 3 Handicap at Saint-Cloud over 1200m on 12 June 2026. Should go very well here
- 6. INSIDE MATTERS** - Unplaced in a Claimer at Chantilly over 1100m on 28 April 2026. Arrives in poor touch and will battle
- 7. KELLY KEY** - Finished 7th in a Class 3 Handicap at Compiègne over 1400m on 16 July 2026. Rating off the right mark to challenge
- 8. KING RETURN** - Finished 6th in a Class 3 Handicap at Longchamp over 1400m on 9 July 2026. Will need to show more to play a role here
- 9. MISTER JULES** - Has only been modest and finished 6th in a Class 3 Handicap at Saint-Cloud over 1400m on 5 July 2026. Can run a bold race
- 10. MONSIEUR DUPONT** - Only modest and finished 7th in a Class 3 Handicap at Saint-Cloud over 1,200m on 12 June 2026. One to pass by
- 11. SALAZAR** - Showed good improvement and was a winner in a Class 3 Handicap at Dieppe over 1100m on 23 June 2026. In terrific form and could go in again
- 12. NAIROBI NIGHTS** - Finished 2nd over 1350m in Germany on the 2nd of July 2026. More needed to overall French form
- 13. AIR DE SAMBA** - Unplaced in 9th in a Class 3 Handicap at Compiègne over 1400m on 16 July 2026. Others make more appeal here

Summary: WILD MOOR (5) has been holding consistent form and looks to have a bright chance of adding another win to her tally this year. MISTER JULES (9) wasn't disgraced last time out and on his previous run, he should be very dangerous. KING THISTLE (2) has found one to good of late and should have every chance of going one better. KELLY KEY (7) has been steadily dropping in the ratings and is off the right mark to play a major role.

SELECTIONS

WILD MOOR (5) - MISTER JULES (9) - KING THISTLE (2) - KELLY KEY (7)

C3 - PRIX DU PMU - 1300m (a6f1/2) - TURF - Class 4 Divided Handicap - Flat - EUR € 13,400

1. **SUNRISE DREAM** - Finished 13th in a Class 3 Handicap at Dieppe over 1100m on 23 June 2026. Can pop up at a decent price
2. **ASTRA DREAM** - Only modest of late, finishing 9th in a Class 4 Handicap at Saint-Cloud over 1400m on 5 July 2026. Is capable of better and can earn
3. **AKAMASOA** - Finished 7th in a Class 4 Handicap at Saint-Cloud over 1400m on 5 July 2026. Huge rating drop and should be competitive
4. **TWO TWO TWO** - Finished 7th in a Class 3 Handicap at Dieppe over 1100m on 13 July 2026. Down in class here and should be in the firing line
5. **INTER POL** - Average run in 7th over 1400m at Deauville in a Class 3 divided handicap on the 26th of June 2026. Will struggle here
6. **ABRASSO** - Unplaced in 10th spot in a Class 3 Handicap at Dieppe over 1100m on 13 July 2026. Right company and can play a role here
7. **L'ELU DE SADDLE** - Runner up over 1200m at Ostende, Belgium on the 17th of July 2026. Battling maiden and will struggle here
8. **ELEGANCE DOREE** - Runner up over 1600m at Waregem, Belgium on the 28th of June 2026. Poor French form and will be a surprise winner
9. **SWAY WITH ME** - Has really struggled and finished 9th in a Class 3 Handicap at Deauville over 1400m on 26 June 2026. Hard to fancy
10. **BREATHE ON** - Has really struggled and finished 9th in a Class 3 Handicap at Dieppe over 1100m on 23 June 2026. Others inspire more confidence
11. **IL RITORNO** - Made short work of rivals in a Class 2 Handicap at Ostende, Belgium over 1600m on 13 July 2026. Will need to do more here
12. **GRACEHILL** - Threatening to win and was runner-up in a Class 4 at Vitteaux over 2600m on 5 July 2026. Will need to step up in this company
13. **DIEPPE** - No show in 7th over 1100m at Le Croise-Laroche in a Class 4 divided handicap on the 17th of May 2026. Will be a shock winner

Summary: TWO TWO TWO (4) hasn't been disgraced in recent outings and was a winner three starts back. She is in a suitable race and must have a winning chance. AKAMASOA (3) is better than her recent form reads and off her current mark, she can make her presence felt here. ABRASSO (6) gets the services of Theo Bachelot which could make a big difference and he could put in a solid shift. SUNRISE DREAM (1) has dropped significantly in the ratings and can start to show a lot more. One to keep on the safe side.

SELECTIONS

TWO TWO TWO (4) - AKAMASOA (3) - ABRASSO (6) - SUNRISE DREAM (1)

C4 - PRIX HUGUES DELLOYE - 1300m (a6f1/2) - TURF - - Flat - EUR € 10,100

1. **QAMRAN** - Not disgraced when fifth in a Maiden at Dieppe over 1100m on 6 June 2026. Can build on current form to have a say in the outcome
2. **SAIF AL LEITH** - Has only been modest and finished 6th in a Maiden at Niort over 1400m on 17 May 2026. Brings average form into this and is a place getter at best
3. **FIRE UP THE JETS** - Has struggled of late and finished 8th in a Class 2 Handicap at Waregem over 1600m on 19 June 2026. Poor French form and will battle here
4. **FOREST GALORE** - Finished 4th in a Maiden at Chantilly over 1600m on 5 February 2026. Returns off a layoff but should be in the firing line
5. **ROCKABELLA** - Finished 15th in a Maiden at Pornichet over 1700m on 27 February 2026. Will battle to get involved
6. **LITTLE HAVANA** - Has struggled of late and finished 8th in a Maiden at Cholet over 1350m on 30 June 2026. Needs to show up better to feature
7. **MISS DYA** - Unplaced in 9th spot in a Maiden at Evreux over 1800m on 26 May 2026. Form doesn't read well and more is required
8. **CHARISMATIC GOLD** - Moderate showing in 6th over 1600m at Chantilly in a claimer on the 7th of July 2026. Improved latest but needs to improve again
9. **DELAJA** - Finished 3rd in a Maiden at Dieppe over 1400m on 13 July 2026. Open to improvement and will go very close
10. **BAIETA** - Poor run in 16th over 1200m at Deauville in a handicap on the 12th of July 2026. Back against maidens but needs to step up
11. **MISS DIVA** - Dismal run in 8th over 2600m at Pompadour in a conditional on the 28th of June 2026. Will be a shock winner
12. **AMAZING GIRL** - Runner up over 1200m in Germany on the 2nd of July 2026. Makes French debut and can improve significantly to earn

Summary: DELAJA (9) has been steadily getting closer with each outing and looks to have strong winning claims here. She is the one to beat. FOREST GALORE (4) has shown very good form to date and if not just need one to tighten up then he should be very dangerous here. QAMRAN (1) has got some useful form figures to his name and should be very competitive again. AMAZING GIRL (12) makes her French debut and can improve on her German form. She has been tested at Listed level as a maiden.

SELECTIONS

DELAJA (9) - FOREST GALORE (4) - QAMRAN (1) - AMAZING GIRL (12)

C5 - PRIX SARACEN - 1300m (a6f1/2) - TURF - - Flat - EUR € 11,400

1. SYDNEY MOON - Finished 3rd in a Class 3 at Saint-Cloud over 1,200m on 29 May 2026 on his second start, after a 2nd on debut. Key chance

2. TSUNAMIA - Unplaced in a Class 3 at Chantilly over 1,000m on 4 May 2026 on her only run so far. She will need vast progress to trouble some of these

3. LA GALOPAZ - Fair 5th on the sole start over 1200m in a claiming race on July 8. She can improve and be on the premises

4. ETOILE D ARMOR - Only modest of late and finished 6th in a Class 2 at Chantilly over 1,200m on 7 July 2026. She can step forward from her latest start and make the frame

5. NAVAJOE - Colt by Chachnak, the dam won 2 races. From a Respected trainer that will have this newcomer nicely prepared. The betting can guide

6. ALGARADE - Filly by Birchwood, the dam ran several times unplaced. Stable runners tend to need a run or two to reach full fitness. She is best watched for the time being

7. MIA RARE - Filly by Muhaarar, the dam won 4 races, 1 on the flat and 3 over jumps. Likely to improve for this run and is best watched with the future in mind

8. SLIPPER ORCHID - Filly by Romanised, the dam won 2 races over 1400m. From a respected trainer that can produce first time out winners. One to pay attention to

9. SHABAZI - Filly by Keiai Nautique, the dam was placed once. Some good aspects to her profile and from a shrewd trainer that knows the time of day. The betting can be the best guide to expected performance

Summary: SYDNEY MOON (1) has shown plenty of talent in both of his runs so far, the latest at Saint-Cloud when he was third in a Class 3 in late May. He can edge this over LA GALOPAZ (3), who ran with promise at Saint-Cloud on her debut and will know more this time. SHABAZI (9) is from a trainer that excels with newcomers and she is one to consider if the betting patterns are positive. ETOILE D ARMOR (4) is another to keep safe and can improve on her two runs so far.

SELECTIONS

SYDNEY MOON (1) - LA GALOPAZ (3) - SHABAZI (9) - ETOILE D ARMOR (4)

C6 - PRIX HOTEL WESTMINSTER - 2100m (a1m1/4) - TURF - - Flat - EUR € 11,000

1. **SILVER CONDOR** - Has improved this year but was only 8th in a Class 2 Handicap at Ostende over 2,000m on 13 July 2026. Unlikely to be a threat
2. **BOKEN** - Nice win on the most recent start over 2200m at Ostende (BEL) in a conditions race on July 17. More needed in a better race
3. **LETTYT FIGHT** - Not disgraced when third in a Class 3 Handicap at Saint-Cloud over 2,400m on 8 July 2026 and two 3rd place efforts before that. In form and warrants respect
4. **VYBORG** - Finished 9th on the only start this year over 2500m at Argentan in a Class 4 handicap on June 10, he won last year in June at Parislongchamp in a Class 3 handicap. Outside place chance
5. **SAVANNENSTERN** - Showed promise and was third in a Class 2 at Ostende over 1,800m on 20 July 2026/Others seem better equipped
6. **GOLD AND CASH** - Finished 13th in a Class 3 Handicap at Longchamp over 2,000m on 2 July 2026, 6th before that in a Class 4 race in early June at Compiègne. Can make the frame
7. **IFFROCTA FAL** - Unplaced last time on July 18, a 2nd before that over 2000m at Chantilly in a Class 4 race on July 7 on turf. In the mix
8. **APPLEBLOSSOMWHITE** - Fair 4th on the latest start over 1900m at Deauville in a Class 3 handicap on July 4 on the PSF, she won twice on the PSF in the UK. Each way player
9. **SIJOUX** - Finished 4th in a Class 3 Handicap at Saint-Cloud over 2,000m on 15 May 2026. One to pay attention to off a low weight
10. **ANIMA SANA** - Third in a Class 3 Handicap at Deauville over 1,900m on 26 June 2026 on the latest start on the PSF when not beaten far. She can be effective back on turf

Summary: ANIMA SANA (10) returned to form on the PSF at Deauville when finishing third in a Class 3 handicap in June and gets the vote back on turf. SIJOUX (9) has a favourable racing weight and looks capable of making a strong impact. LETTYT FIGHT (3) has finished third on her last three starts and appeals as the most reliable each-way option. GOLD AND CASH (6) is better than recent form suggests and should not be underestimated.

SELECTIONS

ANIMA SANA (10) - SIJOUX (9) - LETTYT FIGHT (3) - GOLD AND CASH (6)

C7 - PRIX HENRI VAN DE POELE - 2100m (a1m1/4) - TURF - Class 3 - Flat - EUR € 11,000

1. **MAGDA** - Finished 4th in a Class 1 at Lyon-Parilly over 2,400m on 21 June 2026. Can be in the mix at nice odds
2. **CHEERIO** - Nice win on his debut on April 21 over 2300m in a conditions race at Le Mans by two lengths. Open to progress and has leading claims
3. **TESTANA** - He won on his sole start over 2900m at Molieres on July 5 in a conditions race. This will be more of a test despite progress expected
4. **ENTLEBUCH** - Excellent runner-up in a Class 3 at Vittel over 2,100m on 6 July 2026. One to pay close attention to
5. **SIR PATRICK** - Unplaced in a Maiden at Clairefontaine over 1,600m on 6 July 2026 when last seen. Has to do more to make the frame
6. **HEY JO** - Two unplaced runs this year, 8th on the most recent over 1800m at Compiegne in a handicap on June 9. Highly tried in good handicap's of late and has to be respected back in calmer waters
7. **THE PISTOL STAR** - Finished 7th in a Maiden at Clairefontaine over 2,200m on 11 July 2026. Capable of being on the premises

Summary: CHEERIO (2) won well on his sole start at Le Mans in April. He has been given some time and has solid claims of following up. His main threat could be ENTLEBUCH (4), who a a decent second at Vittel on his latest start in a Class 3 race 20 days ago. HEY JO (6) was not beaten far in a good handicap last time at Compiegne and can not be excluded. THE PISTOL STAR (7) makes up the shortlist.

SELECTIONS

CHEERIO (2) - ENTLEBUCH (4) - HEY JO (6) - THE PISTOL STAR (7)

TODAY'S SELECTIONS

Horse of the day
SYDNEY MOON (501)

Outsider of the day
PARISA (104)

Reverse forecast
SIJOUX (609) - ANIMA SANA (610)

Three pick of the day
DELAJA (409) - SYDNEY MOON (501) - CHEERIO (702)